

“AIM HIGHER” course

by rugbyleaguecoach.com.au

“AIM HIGHER” course

The **Aim Higher** Course is aimed at coaches and players in clubs who want to take the sport of rugby league seriously and Aim Higher!

It is designed to **upskill coaches and players** with **up to date** training and tactical rugby league knowledge in order to prepare for future participation in higher level rugby league.



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“AIM HIGHER ” course

- Educates coaches and players on the **core skills** of offence and defence
- Educates coaches and players **on high level game plans and tactics**
- Gives coaches **high level coaching** content and players **advanced training methods** for field and gym.
- Provides templates for training sessions and training plans to allow coaches to provide **performance based training** to players.
- Gives players their own **training plans and diet sheets** to help them achieve their potential.
- Teaches participants how to analyse rugby league matches they see on TV or internet in depth.

“AIM HIGHER” course

Delivery: It combines seminars with on-field clinics.

Suitable for: Players and Coaches

Options: Depends on location

Included: Club receives \$48 (30%) per registered participant

Negotiated percentage of money received in sales of rugbyleaguecoach.com.au in your club: Course participants of your choosing can receive Free Access to rugbyleaguecoach.com.au for one year.

Expected outcomes: This course provides candidates with an excellent, working knowledge of rugby league ‘fast tracking’ their knowledge.



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Course Length: The full “AIM HIGHER” course can be delivered in 16 hours.

Cost: \$160 per participant.

More information:

Watch the Video **“Game Plan Series – Good Ball Play Through”**

CONTACT US to book or with enquiries

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