

Emerging Rugby League Nation Benefits

The words on the website can be TRANSLATED into your language immediately whilst video content can be translated within a month of receiving a request.

COACHES have direct access to over 150 videos and 100 pages of plans and diagrams of skills, game plans, tactics, ready-made training sessions and season plans.

Coaches can also access the Strength and Conditioning sections for fitness drills, gym activities, diet sheets and recovery methods (plus much more).

This will help the correct coaching and teaching of the players in your nation and help them reach high performance quickly.

RUGBY
LEAGUE COACH
YOUR ELITE RUGBY COACH ONLINE